

2010 Step Therapy Protocols

Last updated 4/2009

Step Category	Criteria	Step One Medications	Target Medications
Antihypertensive Care_2010	Trial and failure of an ACE Inhibitor or ARB within the past 180 days	Lisinopril, Lisinopril/HCTZ, Fosinopril, Fosinopril/HCTZ, Benazepril, Benazepril/HCTZ, Captopril, Captopril/HCTZ, Enalapril, Enalapril/HCTZ, Moexepiril, Moexepiril/HCTZ, Quinapril, Quinaretic, Trandolapril, Ramipril, Cozaar, Diovan, Diovan HCT, Hyzaar	Tekturna, Tekturna HCT
SNRI	Trial and failure of venlafaxine or Venlafaxine ER within the past 180 days.	Venlafaxine, Venlafaxine ER	Pristiq, Cymbalta
SSRI	Trial and failure of two lower tiered alternatives within the past 180 days, one of which must be citalopram. Lower tier alternatives include citalopram, paroxetine, fluoxetine, sertraline, and bupropion.	Citalopram, Paroxetine, Fluoxetine, Sertraline, Bupropion	Lexapro